

10kageclass

AGE GROUP RESULTS  
 Jerry's Fireworks 10K Run  
 July 4, 2007  
 Loncoln Park  
 Grand Forks, ND

\*\*\*\*\* MALE OVERALL RESULTS FOR Jerry's Fireworks 10K Run \*\*\*\*\*

1 Lee Dekrey Grand Forks 33:09  
 2 Eric Sondag Grand Forks 33:20  
 3 Richie Spitsberg East Grand Fork 35:11

\*\*\*\*\* FEMALE OVERALL RESULTS FOR Jerry's Fireworks 10K Run \*\*\*\*\*

1 Kristy Keithley Grand Forks 39:43  
 2 Cindy Sondag Grand Forks 40:52  
 3 Sara Sapulding Grand Forks 44:22

FEMALE AGE GROUP: 1 - 12

MALE AGE GROUP: 13 - 18

1 Ronnie Kyllo Buxton 36:02  
 2 Ross Palmgren Grand Forks 40:35  
 3 James Gilbertson Gilby 44:40  
 4 David Boese Grand Forks 1:01:15

FEMALE AGE GROUP: 13 - 18

1 Rachel Dallman Grand Forks 46:25  
 2 Hannah Dennis Grand Forks 49:51

MALE AGE GROUP: 19 - 29

1 Lee Dekrey Grand Forks 33:09  
 2 Richie Spitsberg East Grand Forks 35:11  
 3 Nick Stromme Klotten 40:38  
 4 Brent Freese Grand Forks 42:58  
 5 Jon Holcomb Grand Forks 45:06  
 6 Jon Griffin Grand Forks 47:41  
 7 Richard Clay Grand Forks 48:50  
 8 Paul Leavy Grand Forks 55:25  
 9 Dave Simmons Fargo 56:15

FEMALE AGE GROUP: 19 - 29

1 Kristy Keithley Grand Forks 39:43  
 2 Sara Sapulding Grand Forks 44:22  
 3 Heather Jacobsen Grand Forks 46:47  
 4 Leslie Hofland Grand Forks 50:25  
 5 Brianna Determan Grand Forks 50:45  
 6 Elizabeth Kieffer Grand Forks 53:30  
 7 Amanda Birch Grand Forks 54:40  
 8 Britta Eriksmoen Grand Forks 55:54  
 9 Sarah Boese Grand Forks 1:00:10  
 10 Ashley Wavra East Grand Forks 1:04:30  
 11 Amanda Gulka Grand Forks 1:08:19

MALE AGE GROUP: 30 - 39

1 Eric Sondag Grand Forks 33:20  
 2 Rob Hanson Grand Forks 42:47  
 3 Kent Peterson Grand Forks 43:14  
 4 Matt Wise Grand Forks 46:10  
 5 Brian Rath Grand Forks 46:28  
 6 Ryan Hagen Grand Forks 48:36  
 7 Kevin Middleton Grand Forks 49:29  
 8 Todd Anderson Grand Forks 54:52  
 9 Tony Snyder Grand Forks 1:03:44  
 10 Shane Conroy Grand Forks 1:06:55

FEMALE AGE GROUP: 30 - 39

1 Cindy Sondag Grand Forks 40:52  
 2 Denise Hartzel Grand Forks 47:28  
 3 Michelle Strocen Langruth 47:59

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4	Heather Schall	Grand Forks	52:09
5	Bethann Nuelle	Grand Forks	52:10
6	Necole Johnson	Grand Forks	52:44
7	Cheri Lyberg	Humboldt	53:56
8	Roni Sperle	Grand Forks	54:43
9	Janelle Bergh	East Grand Forks	55:23
10	Rachel Hellyer	Grand Forks	56:40
11	Jessica Snyder	Grand Forks	56:44
12	Becky Westereng	Grand Forks	58:02
13	Karen Bostrom	Grand Forks	1:00:25
14	Erica Hanson	Grand Forks	1:03:05
15	Sarah Wocken	Grand Forks	1:07:39
16	Nicole Desautel	Grayson	1:10:00
17	Amber Sieber	Grand Forks	1:21:19
MALE AGE GROUP: 40 - 49			
1	Tom Colenso	Grand Forks	39:47
2	Wes Frisco	Gilby	41:45
3	Brian Gregoire	Larimore	42:30
4	Bill Zahria	Owatonna	42:33
5	Chris Wright	Thief River Falls	43:43
6	Kevin Slator	White Bear Lake	45:42
7	David McCloud	Grand Forks	46:44
8	Zach Fore	Mentor	47:06
9	John Dallman	Grand Forks	48:15
10	Mark Beczkalo	Grand Forks	48:51
11	Randy Kieffer	Grand Forks	50:15
12	Chris Klaus	Grand Forks	52:58
13	Danny Holwerda	Grand Forks	54:22
14	Robert Wood	Grand Forks	54:25
15	Paul Olson	Alvarado	58:36
FEMALE AGE GROUP: 40 - 49			
1	Lisa Knudson	Portland	51:35
2	Michele Peterson	Grand Forks	51:57
3	Carmen Fore	Mentor	55:24
4	Janet Dallman	Grand Forks	57:38
5	Deborah Jorgensen	Grand Forks	57:58
6	Lori Cariveau	East Grand Forks	1:21:19
MALE AGE GROUP: 50 - 59			
1	Rick Tonder	Grand Forks	46:13
2	Glen Yoshida	Thompson	53:25
3	Walter Wood	Manassas	56:09
4	Jim Fristad	Grand Forks	56:32
5	James Bergum	Howell	1:06:17
FEMALE AGE GROUP: 50 - 59			
1	Veronica Whitehead	East Grand Forks	1:01:41
2	Toi Wright	Thief River Falls	1:07:46
MALE AGE GROUP: 60 - 99			
1	Earl Beal	Grand Forks	51:14
2	Bob Tapson	Grand Forks	52:19
3	Kim Hollarn	San Diego	57:18
4	Raymond Garrity	Winnipeg	57:27
5	John Sear	Grand Forks	1:07:49
FEMALE AGE GROUP: 60 - 99			
1	Georgine Cook	winnipeg	56:34